

International Alumni Mentoring Programme

Mentoring Agreement – Mentee

This agreement specifies the expectations and principles that are binding for all participants in the International Alumni Mentoring Programme.

1. Commitment & personal responsibility

As a mentee, I agree to

- participate actively and reliably in the mentoring programme for a period of at least six months,
- carefully prepare for appointments, adhere to agreements and inform the mentor in good time of any changes,
- take responsibility for my own goals, questions and development processes.

2. Role in mentoring

I understand that:

- Mentors accompany and support me, but do not make decisions for me.
- Mentoring thrives on openness, reflection and initiative.

3. Communication & respect

I commit to

- treating my mentor with respect, openness and appreciation.
- recognising different perspectives.
- communicating constructively, professionally and empathetically.

4. Confidentiality

I agree

- to treat personal information confidentially.
- not to disclose any content without express consent, unless there is a legal obligation to do so.

5. Boundaries

I am aware

- that mentoring is no substitute for therapeutic, legal or psychological counselling.
- that boundaries must be respected, in particular personal boundaries as well as boundaries regarding time, topics and communication.

6. Termination of mentoring

Mentoring can be terminated by either party, ideally after an open exchange and with the involvement of the programme coordinator.